

## Mock Lesson Plan: Understanding the Narrative (aka Conversation)

“You have the power to change perception, to inspire and empower, and to show people how to embrace their complications, and see the flaws, and the true beauty and strength that’s inside all of us.” - Beyonce

**Race:** The Power of Illusion

Biology: <https://www.youtube.com/watch?v=Y8MS6zubIaQ>

The Story We Tell: <https://www.youtube.com/watch?v=4UZS8Wb4S5k>

- Race is a **social construct**
- Race is NOT a black and white thing
- Race is based of skin color and physical/external characteristics

Eyes on the Prize - Focused on Civil Rights Era

<http://www.pbs.org/wgbh/americanexperience/films/eyesontheprize/>

**Ethnicity:** is based off location, culture, tradition, history

- a social group that shares a common and distinctive culture, religion, language, or the like: Representatives of several ethnicities were present. ethnic traits, background, allegiance, or association.

Complexities and interconnections of race and ethnicity: Race and Ethnicity can be interconnected and intertwined

Prime example: Black Culture

**Gender:** either of the two sexes (male and female), especially when considered with reference to social and cultural differences rather than biological ones. The term is also used more broadly to denote a range of identities that do not correspond to established ideas of male and female.

- Rooted in orthodox white ideology that reinforces social constructions of masculinity and femininity
- Acknowledging it on a spectrum, though often seen as binary
- Conversation around gender often focused on white girls/women - they are seen as feminine and ladylike

Feminism vs Womanism (Alice Walker)

<https://beyondthemoment.org/wp-content/uploads/2017/03/Why-Black-Feminism2.pdf>

Racism and Sexism = prejudice with power

Racism: Having the power to **socially**, **politically**, and **economically** oppress another race

Sexism: Having the power to socially, politically, and economically oppress another gender

Intersectionality between Race and Gender - being Black/Brown Girl SPECIFIC

History:

Traditional African Roots of Twerking

African Roots of twerking and dancing

Foundation of rhythmic roots

[https://en.wikipedia.org/wiki/Twerking#Linked\\_to\\_Africa\\_and\\_the\\_African\\_diaspora](https://en.wikipedia.org/wiki/Twerking#Linked_to_Africa_and_the_African_diaspora)

<https://www.youtube.com/watch?v=HB6RrNcOFCY>

<https://www.youtube.com/watch?v=AA6Jyp4V1To&t=2s>

<https://www.youtube.com/watch?v=jrfxcHb8GOk>

Venus Noire (Black Venus) - Sarah Baartman

<https://www.youtube.com/watch?v=gsKnmXyaATY>

Critical Media Literacy/Understanding

Idea of TWERKING

[https://en.wikipedia.org/wiki/Twerking#Linked\\_to\\_Africa\\_and\\_the\\_African\\_diaspora](https://en.wikipedia.org/wiki/Twerking#Linked_to_Africa_and_the_African_diaspora)

Current Media and Popular Culture

Popular Youtubers - reflection of everyday people with more visibility

Please Me Video - Cardi and Bruno

<https://www.youtube.com/watch?v=3y-O-4IL-PU>

Please Me -

Giving pleasure to a man - prioritizing others over us

And knowing pleasure for myself and experience pleasure on own and giving pleasure to yourself as a woman

Lesbian normative

Who benefits from this?

Who is serving who?

race, gender, intersectionality

Socially constructed concepts from this music video related to..... race, gender, intersectionality of both?

Three Questions: What is race? What is gender? How do Black girls and women fit into the narrative? How does popular culture (music, dance, movies) appropriate the bodies and identities of Black women?

Three Takeaways (Formula and Tool on how to approach concept, something that is memorable): Understanding Race and Gender is social construction rooted in white and patriarchal ideology. Question race and gender simultaneously.  
Understanding Black women are including in the narrative but constantly exploited.  
Critically understanding how media today is influenced by history

Definition, History, Current Media/Pop Culture, and Conversation/Evaluation

<https://beyondthemoment.org/wp-content/uploads/2017/03/Why-Black-Feminism2.pdf>

Transforming the Narratives

Allowing Black Girls and Boys to be themselves and tell their stories, not allow white people narrate it for them.